

# THE Harbison Shores Lifestyle



HARBISON  
SHORES  
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY

990 Columbia Avenue • Irmo, SC 29206 • (803) 749-7889 • [www.carolina-gardens.com](http://www.carolina-gardens.com)

## Hello From the Executive Director

This month I decided to write about The Importance of Friendship and Human Connection.

One of the best prescriptions for loneliness and depression is social connection.

Daily we see friendships develop between our residents, families and staff. For those residents living in an assisted living community, mental stimulation, connection to others, a good nutritional diet and exercise helps prevent isolation, loneliness and depression.

Friendship makes life more enjoyable and enriches one's everyday experiences.

At Harbison Shores, Staff, Residents and Families connect which creates that Harbison Shores family bond.

Elaine Till, CRCA, NHA

Executive Director



## AUGUST 2025

## Director Spotlight

Clay Cokley has been the Harbison Shores maintenance director for many, many years. A few years ago he retired, but a time later came when we needed a maintenance director, so we called Clay, and he graciously came back to work with us. He has an awesome personality, and he knows this community so well. He is excellent at his job. Because of Clay's retirement situation, we won't be seeing him for some time, but we are hoping he will be with us again in the near future.



AUGUST 2025

August Birthdays

Jack Thomas 8/1  
Jeanne Reaves 8/7  
Joanne Pickering 8/7  
Frankie Bartley 8/10

Upcoming Holidays

August 3rd: National Watermelon Day  
August 9th: Book Lovers Day  
August 16th: National Tell A Joke Day  
August 20th: National Radio Day

Calendar Locations

TVR = TV Room  
AR = Activity Room  
DR = Dining Room

A Welcome to Our New Residents

Frankie Bartley

‘Bark’ the Date

Aug. 26 is National Dog Day.

“Life is like riding a bicycle. To keep your balance, you must keep moving.”  
—Albert Einstein

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>1</div> <div>10:00 Bible Study with Jim - AR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Morning Walk</div> <div>2:00 Happy Hour - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon ’40s Movie - TVR</div>	<div>2</div> <div>10:30 Snacks and Hydration</div> <div>11:30 Arts and Crafts - AR</div> <div>1:30 Coffee Social - DR</div> <div>2:30 Ball Toss - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>
<div>3</div> <div>10:00 Morning Walk</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Worship Service - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>	<div>4</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Chair Exercise - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:00 Afternoon Music - TVR</div> <div>4:00 Afternoon Ball Toss - TVR</div>	<div>5</div> <div>10:00 Morning Devotional With Joel - TR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Music With Ron Rogers - TVR</div> <div>2:00 Sing-along - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:00 Inside Games - AR</div>	<div>6</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:00 John Gibbons Performs - AR</div> <div>10:30 Snacks and Hydration</div> <div>2:00 Manicures - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>	<div>7</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:00 Gardening</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Sing-along - AR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Manicures - TVR</div>	<div>8</div> <div>10:00 Bible Study with Jim - AR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Morning Walk</div> <div>2:00 Happy Hour - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon ’40s Movie - TVR</div>	<div>9</div> <div>10:00 Walk in the Villa Courtyard</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Pastor Matt Comes to Visit - TVR</div> <div>1:30 Coffee Social - DR</div> <div>2:30 Ball Toss - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>
<div>10</div> <div>10:00 Morning Walk</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Worship Service - TVR</div> <div>2:00 Service With Bishop Edson From the Universal Church - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>	<div>11</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Chair Exercise - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:00 Afternoon Music - TVR</div> <div>4:00 Afternoon Ball Toss - TVR</div>	<div>12</div> <div>10:00 Morning Devotional With Joel - TR</div> <div>10:30 Snacks and Hydration</div> <div>2:00 Sing-along - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:00 Inside Games - AR</div>	<div>13</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:00 John Gibbons Performs - AR</div> <div>10:30 Snacks and Hydration</div> <div>2:00 Manicures - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>	<div>14</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:00 Gardening</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Sing-along - AR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Manicures - TVR</div>	<div>15</div> <div>10:00 Bible Study with Jim - AR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Morning Walk</div> <div>2:00 Happy Hour - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon ’40s Movie - TVR</div>	<div>16</div> <div>10:30 Snacks and Hydration</div> <div>11:30 Arts and Crafts - AR</div> <div>1:30 Coffee Social - DR</div> <div>2:30 Ball Toss - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>
<div>17</div> <div>10:00 Morning Walk</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Worship Service - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>	<div>18</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Chair Exercise - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:00 Afternoon Music - TVR</div> <div>4:00 Afternoon Ball Toss - TVR</div>	<div>19</div> <div>10:00 Morning Devotional With Joel - TR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Music With Ron Rogers - TVR</div> <div>2:00 Sing-along - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:00 Inside Games - AR</div>	<div>20</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:00 John Gibbons Performs - AR</div> <div>10:30 Snacks and Hydration</div> <div>2:00 Manicures - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>	<div>21</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:00 Gardening</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Sing-along - AR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Manicures - TVR</div>	<div>22</div> <div>10:00 Bible Study with Jim - AR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Morning Walk</div> <div>2:00 Happy Hour - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon ’40s Movie - TVR</div>	<div>23</div> <div>10:00 Walk in the Villa Courtyard</div> <div>10:30 Snacks and Hydration</div> <div>11:30 Arts and Crafts - AR</div> <div>1:30 Coffee Social - DR</div> <div>2:30 Ball Toss - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>
<div>24</div> <div>10:00 Morning Walk</div> <div>11:00 Worship Service - TVR</div> <div>2:00 Service With Bishop Edson From the Universal Church - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>	<div>25</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Chair Exercise - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:00 Afternoon Music - TVR</div> <div>4:00 Afternoon Ball Toss - TVR</div>	<div>26</div> <div>10:00 Morning Devotional With Joel - TR</div> <div>10:30 Snacks and Hydration</div> <div>2:00 Sing-along - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:00 Inside Games - AR</div>	<div>27</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:00 John Gibbons Performs - AR</div> <div>10:30 Snacks and Hydration</div> <div>2:00 Manicures - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div> <div>4:00 Music With Skey - AL DR</div>	<div>28</div> <div>9:30 Morning Devotional With Joel - TR</div> <div>10:00 Gardening</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Sing-along - AR</div> <div>2:30 Monthly Birthday Celebration - AR</div> <div>3:30 Manicures - TVR</div>	<div>29</div> <div>10:00 Bible Study with Jim - AR</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Morning Walk</div> <div>2:00 Happy Hour - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon ’40s Movie - TVR</div>	<div>30</div> <div>10:30 Snacks and Hydration</div> <div>11:30 Arts and Crafts - AR</div> <div>1:30 Coffee Social - DR</div> <div>2:30 Ball Toss - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>
<div>31</div> <div>10:00 Morning Walk</div> <div>10:30 Snacks and Hydration</div> <div>11:00 Worship Service - TVR</div> <div>2:30 Snacks and Hydration</div> <div>3:30 Afternoon Movie - TVR</div>						



